



Trøndelag
fylkeskommune



A glimpse into a prison teachers workday

Low security prison and Follow-up class

Pardon my English!



Thor Heyerdahl, Explorer



Petter Solberg, Rallycross



*It is not the fart that kills you,
it's the smell.*

PETTER SOLBERG



Who?



- Astrid Utgård
- Teacher in prison education since 2007
- Arts and craft, career counseling
- Member of FOKO steering committee since 2019
- Secretary of EPEA 2011-2014



What to know?



The system

**Cooperation
partners**

**The individ
Philosophi**

**Practical
issues**



Steinkjer upper secondary

Trøndelag county

Two locations



Follow-up class, Steinkjer



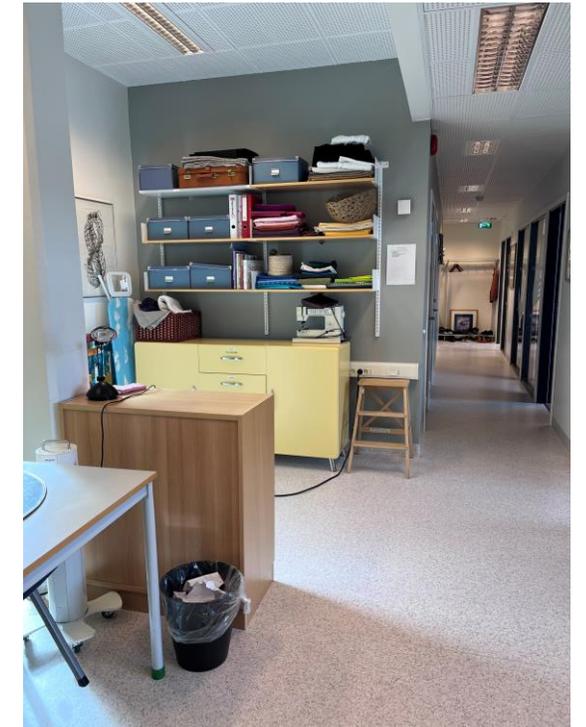
Follow-up class, Steinkjer



Livingroom



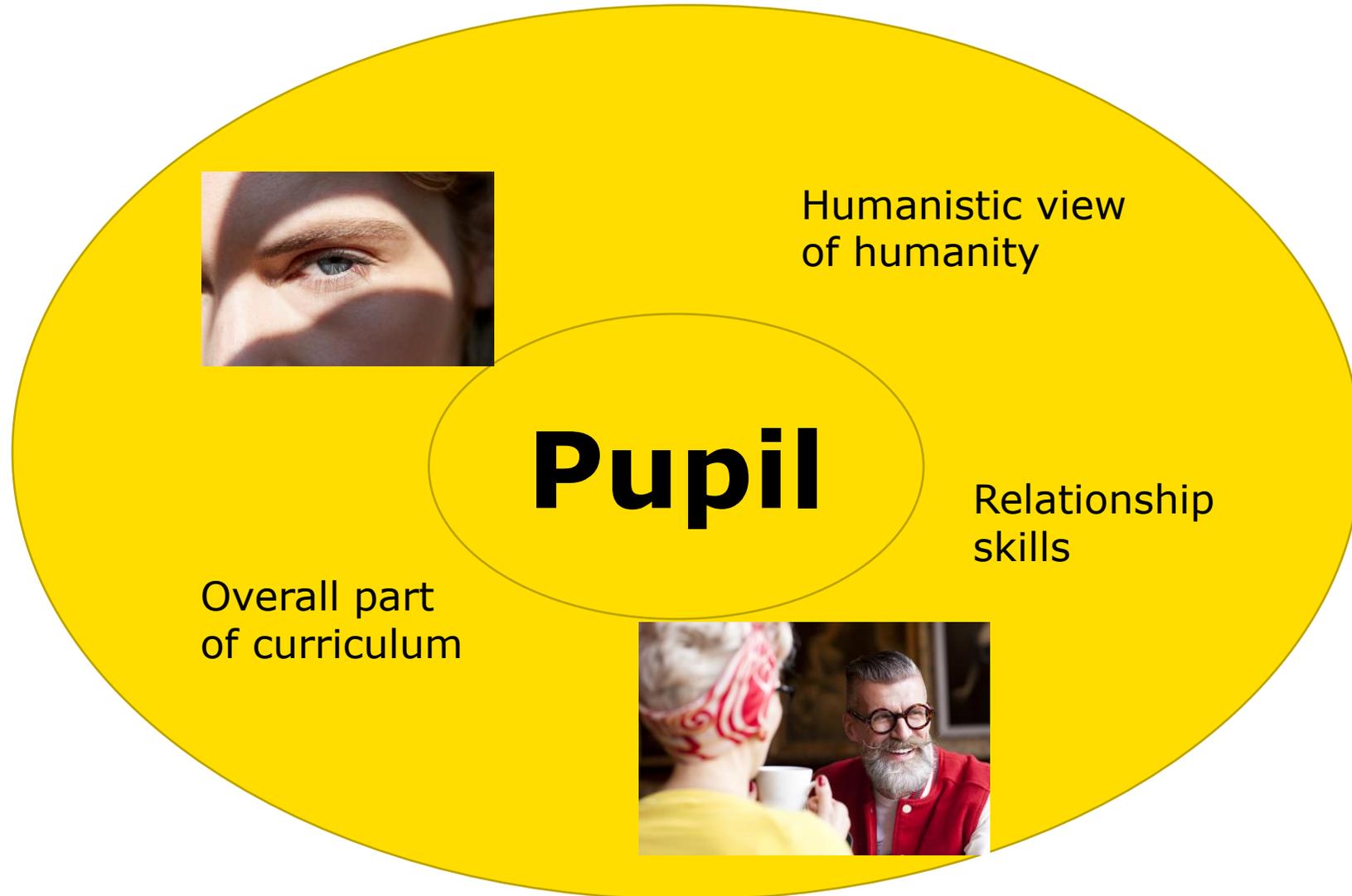
Workplaces



Low security prison, Verdal



The individ - Philosophy



Colleges



- Meeting every Thursdag
- Share ups and downs
- «You never walk alone»
- Plans: short term and long term
- Important that we operate as one team



Activity



Cooperation partners



Probation service



NAV (social security)



Cooperation partners



Steinkjer upper secondary



Career counseling



Tool to help the individ to find a path

Practical, no internet

1. To know yourself
2. To know your options
3. To take a choice - actionplan





My view on school

As an adult student, I have matured when it comes to school and studying.

I have learned the importance of a good education, and I have decided to try completing my "general academic competence" while I am in prison.

By doing so it will open many doors when I have completed my incarceration.

Instead of complaining about prison, I view it as an opportunity.

The opportunity to complete my education and even take other courses, so I can better my chance on the way back to society.

Sadly, not everyone in prison have the same view on this matter.

The school department in Verdal prison and my opinion on it

This is probably the best program for those whom take school serious, tries their best and participate in the opportunities we as inmates are given.

Most of the people that is serving time in the Norwegian prison-system, have some sort of learning disability, and have struggled, failed, or like me, barely made it through school.

The teachers here in Verdal, knows this and they show (maybe too much) patience and understanding towards the students. They go "above and beyond" to help students with their progression; it be in general-/vocational studies, or in vocational activity organized by the school.

The teachers working in Verdal prison are some of the best I have ever come across since I started school as a child, and I consider us lucky for having them and, most of all, them putting up with us.

They even give us cookies and coffee 😊 ❤️

I cannot think of any negative things when it comes to the school department here in Verdal prison.